

# HOLY WEEK FOR KIDS!

GETTING THE MOST OUT OF PASCHA

## PASCHA GUIDE CONTENTS

Hi Kids! Welcome to your Pascha Guide!

This Guide contains:

- **An Intro to Pascha and Helpful Tips for Getting the Most out of Holy Week.** Ever notice how some people cannot wait for Holy Week and other kinda dread it? Take a look at this intro and some helpful tips on getting the most out of this special week.
- **Holy Week Scavenger Hunt Pages.** Each day of Holy Week has its own unique page Scavenger Hunt Activity Pages to help you stay engaged in the service, learn something from the readings, and participate in the 4 parts of the services in a fun way. Be sure to check out the side column to for more details of the parts of the daily Pascha Services.

We hope these resources help you have a blessed and meaningful Pascha!

### 4 PARTS OF THE PASCHA SERVICES:

Starting Palm Sunday evening through Good Friday, the Pascha services follow a pattern through each of the Hours.

1. **PROPHECY** (typically an Old Testament prophecy that foretells what happened/will happen)
2. **PASCHA HYMN** (“Thok Te Ti Go” or “Thine is the Power...”)
3. **PSALM** (sung in a long tune)
4. **GOSPEL**

# AN INTRO TO PASCHA AND HELPFUL TIPS FOR GETTING THE MOST OUT OF HOLY WEEK

Have you ever noticed that some people are SO excited for Holy Week that it seems like they literally cannot WAIT for it? And then have you noticed others who dread it and moan and groan when that time of year rolls around? Many of us have experienced both sides of this, and really what makes the difference is one thing: PERSPECTIVE.

What if you were told that after successfully attending every single service of Holy Week with complete focus and with all your heart, then you would win an incredibly large and valuable prize? ... you would put all your effort into making that happen, right?

Well SURPRISE! That is actually exactly what happens if you attend every service with full focus and all your heart! We earn a HUGE reward, and (spoiler alert!), it is one that matters much more than anything here on Earth.

Put this into PERSPECTIVE: If a small bird carried every single grain of sand from here to the sun, one by one, from all the beaches on the earth... even then, that would not be as long as eternity. So, is it worth it to invest in your eternity? We sure think so! And clearly, our church fathers thought so too!

The word "Pascha," which comes from the word "Passover" is about NEW LIFE after the Resurrection. All of us have something that needs to die in us: We have bad habits, grudges, shame, sin, and probably other hidden things. All of us have something that we need to be rid of (but maybe have been unable to or were scared to do it). This week we have the opportunity for this piece of us to die, and then we are resurrected into a new life with Christ. How refreshing does that sound? The payoff is both immediate and for eternity.

So fix your eyes on Christ, change your perspective, and be prepared to have an amazing Holy Week!

## *4 Helpful Tips for Getting the Most out of Holy Week*

- **ATTEND.** Attend as many services as you can this week
- **FOLLOW THE READINGS.** The readings follow a pattern – listen to the prophecy and the Gospel – there is a message there for you!
- **GET A JOURNAL.** Use this journal or your own journal to meditate and think through the readings and how they apply to your life. You can do this during the long sung Psalms – it is ok!
- **CUT OUT THE DISTRACTIONS.** Hopefully you are doing this already with fasting, but this is a great week to step it up a notch. Cut out TV, video games, social media, etc. Cut down as much as you can and gaze your focus on Christ.



# SCAVENGER HUNT

## ACTIVITY WORKSHEET #1:

### FOR PALM SUNDAY & MONDAY EVE PASCHA

During the service today, try to find these items below. It will help you to pay attention if you are looking for some key elements like we have provided here. Write in your journal what part of the service you found it, and why it is important. **Suggestion: Read through all the things you need to find first so you can keep an ear out for them! The first one is done for you:**



**A MUSTARD SEED**

**1**

The Gospel Reading of the 11th hour of "Monday Eve" (Sunday night). Christ is talking about the power of having faith even as small as a mustard seed. Nothing will be impossible.

**PALM CROSS**

**2**

**ICON (ANY -  
DESCRIBE THE ICON  
AND WHERE IT IS  
LOCATED)**

**3**

**INCENSE**

**4**

**THE FIRST TIME YOU  
SANG "THOK TE TI  
GOM" (THINE IS THE  
POWER)**

**5**

**A PROPHECY  
ABOUT  
JERUSALEM**

**6**

# SCAVENGER HUNT

## ACTIVITY WORKSHEET #1 (CONT'D)

### FOR PALM SUNDAY & MONDAY EVE PASCHA

7

“WHO DO YOU  
SAY THAT I  
AM?”

8

DEN OF THIEVES

9

THE FIRST TIME  
JESUS TELLS HIS  
DISCIPLES HE WILL  
DIE AND RISE AGAIN

“OUT OF THE  
MOUTH OF BABES.”

10

GENERAL FUNERAL

11

NOW, TAKE A MOMENT TO REFLECT ON SOMETHING YOU NOTICED TODAY THAT YOU NEVER REALLY PAID ATTENTION TO BEFORE. WRITE A PRAYER FOR YOURSELF AS YOU GET READY FOR THE NEXT DAY OF HOLY WEEK.

# SCAVENGER HUNT

## ACTIVITY WORKSHEET #2:

### FOR MONDAY & TUESDAY EVE PASCHA

During the service today, try to find these items below. It will help you to pay attention if you are looking for some key elements like we have provided here. Write in your journal what part of the service you found it, and why it is important. **Suggestion: Read through all the things you need to find first so you can keep an ear out for them! The first one is done for you:**

**A FIG TREE**



**1**

The Gospel Reading of the 1st hour of "Monday". A fig tree that was bearing no fruit withered and died when Christ cursed it – a metaphor of how we must bear fruit with what God gives us.

**CONGREGANT SINGING THE PSALM IN A LONG TUNE (WHICH PSALM AND WHAT DO YOU NOTICE?)**

**2**

**HOMILY OF ONE OF OUR CHURCH FATHERS (WHICH ONE – WHICH HOUR – WHAT DOES IT MEAN?)**

**3**

**"BUT OF THAT DAY AND THAT HOUR KNOWS NO MAN."**

**4**

**FIRST TIME YOU HEAR JERUSALEM MENTIONED**

**FIRST TIME YOU HEAR A READING FROM GENESIS**

**5**

# SCAVENGER HUNT

## ACTIVITY WORKSHEET #2 (CONT'D)

### FOR MONDAY & TUESDAY EVE PASCHA

A PSALM WITH  
THE WORD  
"TRIBES"

7

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A READING FROM  
HOSEA.

8

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A GOSPEL READING  
WITH A PHARISEE

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THE GATE IS  
NARROW – MANY  
WILL TRY TO  
ENTER, BUT FEW  
ABLE.

10

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PASCHA HYMN.  
FIRST TIME SUNG  
TODAY?

11

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NOW, TAKE A MOMENT TO REFLECT ON SOMETHING YOU NOTICED TODAY THAT YOU NEVER REALLY PAID ATTENTION TO BEFORE. WRITE A PRAYER FOR YOURSELF AS YOU GET READY FOR THE NEXT DAY OF HOLY WEEK.

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# SCAVENGER HUNT

## ACTIVITY WORKSHEET #3:

### FOR TUESDAY & WEDNESDAY EVE PASCHA

During the service today, try to find these items below. It will help you to pay attention if you are looking for some key elements like we have provided here. Write in your journal what part of the service you found it, and why it is important. **Suggestion: Read through all the things you need to find first so you can keep an ear out for them! The first one is done for you:**



**MOUNT OF OLIVES**

1

The Gospel Reading of the 9th hour of "Tuesday". Where Christ was sitting warning about false prophets and preaching about the end of days.

**WHERE ARE THE  
DEACONS? WHERE IS  
THE PRIEST?**

2

**WISDOM OF SIRACH**

3

**WISDOM OF SOLOMON**

4

**THE FIRST TIME YOU  
HEAR "PASSEVER"  
MENTIONED**

5

**THE KINGDOM OF  
HEAVEN IS LIKE...?  
(WHICH GOSPEL,  
AND WHAT DOES  
CHRIST COMPARE  
THE KINGDOM OF  
HEAVEN TO?)**

6

# SCAVENGER HUNT

## ACTIVITY WORKSHEET #3 (CONT'D)

### FOR TUESDAY & WEDNESDAY EVE PASCHA

MENTION OF WISDOM  
(OTHER THAN THE 2  
READINGS  
MENTIONED ON THE  
OTHER PAGE)

7

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A PSALM ABOUT  
BEING DELIVERED  
FROM ENEMIES.

8

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THE KINGDOM OF  
HEAVEN IS LIKE...?  
(FIND A DIFFERENT  
ONE)

9

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THE KINGDOM OF  
HEAVEN IS LIKE...?  
(FIND ANOTHER  
ONE!)

10

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PASCHA HYMN  
CHANGES AT THE  
ELEVENTH HOUR OF  
TUESDAY. WHAT IS  
DIFFERENT?

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NOW, TAKE A MOMENT TO REFLECT ON SOMETHING YOU NOTICED TODAY THAT YOU NEVER REALLY PAID ATTENTION TO BEFORE. WRITE A PRAYER FOR YOURSELF AS YOU GET READY FOR THE NEXT DAY OF HOLY WEEK.

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# SCAVENGER HUNT

## ACTIVITY WORKSHEET #4:

### FOR WEDNESDAY & THURSDAY EVE PASCHA

During the service today, try to find these items below. It will help you to pay attention if you are looking for some key elements like we have provided here. Write in your journal what part of the service you found it, and why it is important. **Suggestion: Read through all the things you need to find first so you can keep an ear out for them! The first one is done for you:**

ALABASTER  
JAR OF  
OIL



1

The Gospel Reading of the 9th hour of "Wednesday". A woman pours this precious ointment on the head of Christ as an act of worship. The disciples chastise her, but Christ blesses her.

WHERE ARE THE  
DEACONS? WHERE IS  
THE PRIEST?

2

GOSPEL MENTIONS  
BETHANY

3

PSALM TALKING  
ABOUT HOW IN  
GOD IS MY  
SALVATION

4

FIRST TIME YOU SING  
THE PASCHA HYMN

5

PLOTTING OF THE  
PHARISEES  
AGAINST JESUS

6

# SCAVENGER HUNT

## ACTIVITY WORKSHEET #4 (CONT'D)

### FOR WEDNESDAY & THURSDAY EVE PASCHA

THE FEAST OF THE  
UNLEAVENED BREAD



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A PROPHECY FROM  
THE BOOK OF AMOS



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A PSALM ABOUT  
BEING HEALED



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JESUS TALKS  
ABOUT "MY  
FATHER"



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PSALM ABOUT  
BEING RESCUED



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NOW, TAKE A MOMENT TO REFLECT ON SOMETHING YOU NOTICED TODAY THAT YOU NEVER REALLY PAID ATTENTION TO BEFORE. WRITE A PRAYER FOR YOURSELF AS YOU GET READY FOR THE NEXT DAY OF HOLY WEEK.

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# SCAVENGER HUNT

## ACTIVITY WORKSHEET #5:

### FOR THURSDAY & FRIDAY EVE PASCHA

During the service today, try to find these items below. It will help you to pay attention if you are looking for some key elements like we have provided here. Write in your journal what part of the service you found it, and why it is important. **Suggestion: Read through all the things you need to find first so you can keep an ear out for them! The first one is done for you:**



**WATER BASIN**

**1**

The Water Liturgy is done in remembrance of Christ washing the feet of the disciples, so we should go out and serve others

**THE CURTAIN OF THE SANCTUARY IS OPEN AND THE DEACONS MOVE BACK UP TO THE ALTAR**

**2**

**FIRST TIME JUDAS IS MENTIONED**

**3**

**FIRST TIME THE PASCHA HYMN CHANGES. WHAT IS NEW?**

**4**

**A GOSPEL READING DURING THE WATER LITURGY?**

**5**

**TRISAGION HYMN**

**6**

# SCAVENGER HUNT

## ACTIVITY WORKSHEET #5 (CONT'D)

### FOR THURSDAY & FRIDAY EVE PASCHA

THE BLESSING OF THE WATER - "A WATER FOR..." IDENTIFY A FEW THINGS THE WATER IS FOR

7

HOW MANY GOSPEL READINGS ARE THERE DURING EACH HOUR OF GOOD FRIDAY EVE?

8

WHAT HOUR DO WE READ WHEN JESUS TELLS PETER HE WILL DENY HIM 3 TIMES DURING WHICH HOUR? WHAT HOUR DO WE READ WHEN THIS ACTUALLY HAPPENS?

9

THE GARDEN OF GETHSEMANE

10

PROPHECY READING THAT MENTIONS DEADLY SERPENTS

11

NOW, TAKE A MOMENT TO REFLECT ON SOMETHING YOU NOTICED TODAY THAT YOU NEVER REALLY PAID ATTENTION TO BEFORE. WRITE A PRAYER FOR YOURSELF AS YOU GET READY FOR THE NEXT DAY OF HOLY WEEK.

# SCAVENGER HUNT

## ACTIVITY WORKSHEET #6:

### FOR GOOD FRIDAY PASCHA

During the service today, try to find these items below. It will help you to pay attention if you are looking for some key elements like we have provided here. Write in your journal what part of the service you found it, and why it is important. **Suggestion: Read through all the things you need to find first so you can keep an ear out for them! The first one is done for you:**



**GOLGOTHA**

1

The place where Jesus was crucified. We sing a hymn at the end of the 12th hour about Golgotha, the Burial, and the right-hand thief

**WHAT COLOR IS EVERYTHING IN THE SANCTUARY? WHY?**

2

**FIRST HOUR: FIND 3 PIECES OF WISDOM SAID IN THE PROPHECIES.**

3

**WHO SAID "ARE YOU THE KING OF THE JEWS?" IN THE GOSPELS? WHAT ELSE DO WE KNOW ABOUT THIS PERSON?**

4

**THIRD HOUR: FIND 3 PIECES OF WISDOM SAID IN THE PROPHECIES.**

5

**WHO IS BARABBAS? WHAT DO WE KNOW ABOUT HIM?**

6

# SCAVENGER HUNT

## ACTIVITY WORKSHEET #6 (CONT'D)

### FOR GOOD FRIDAY PASCHA

SIXTH HOUR: FIND 3  
PIECES OF WISDOM  
SAID IN THE  
PROPHECIES

7

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WHAT DO WE LEARN  
ABOUT THE CENSER  
AND THE INCENSE  
DURING THIS HOUR?

8

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NAME THE WAYS  
JESUS WAS MOCKED  
AND HURT (E.G.,  
CROWN OF THORNS)

9

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WHAT IS THE PRAYER  
OF THE RIGHT-HAND  
THIEF THAT WE  
REPEAT OVER AND  
OVER IN THE HYMN?

10

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NINTH HOUR: FIND 3  
PIECES OF WISDOM  
SAID IN THE  
PROPHECIES

11

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FIND THE 7  
STATEMENTS OF  
JESUS WHILE ON  
THE CROSS

12

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# SCAVENGER HUNT

## ACTIVITY WORKSHEET #6 (CONT'D)

### FOR GOOD FRIDAY PASCHA

ELEVENTH HOUR:  
FIND 3 PIECES OF  
WISDOM SAID IN THE  
PROPHECIES

13

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WHAT MIRACULOUS  
THINGS HAPPENED  
IMMEDIATELY AFTER  
JESUS "GAVE UP THE  
GHOST"?

14

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TWELFTH HOUR: FIND  
3 PIECES OF WISDOM  
SAID IN THE  
PROPHECIES

15

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WHO IS JOSEPH OF  
ARIMATHAEA AND  
WHAT DO WE KNOW  
ABOUT HIM?

16

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NOW, TAKE A MOMENT TO REFLECT ON SOMETHING YOU NOTICED TODAY THAT YOU NEVER REALLY PAID ATTENTION TO BEFORE. YOU DON'T HAVE TO WRITE ANYTHING DOWN IF YOU DON'T WANT, BUT THINK ABOUT IT AND NOTICE IF TODAY'S SERVICE SEEMED DIFFERENT TO YOU THAN USUAL. WRITE A PRAYER FOR YOURSELF AS YOU CONCLUDE HOLY WEEK.

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