## **New Parents. New Heroes.**

New Parents? Congratulations!

Being a parent is not easy nor does it come with a manual. It is a powerful, life changing and transforming experience.

Once you have decided to become parents rest assured that you are not going to be successful without requesting God's help, guidance, strength, and most of all, wisdom.

Stepping into parenthood means becoming Heroes; your child's Heroes.

You are to love unconditionally, go days providing your child with their daily routine, while you are sleep deprived.

You will cook, change dippers, feed the baby, do laundry; play, sing, and hug them close to your heart.

They will reside there forever.

Then you will realize:" That baby totally depends on Us." We are to protect, look after, and most of all love and provide a healthy environment for our child.

Then every day will pass, seeing your baby growth and witnessing their joy when seeing you; you both will realize that you are your child's Heroes.

Heroes, will go on empty tank, will organize life and thoughts and be on their best behavior. They will seek to be Godly to gain more strength and wisdom to always and forever be their child's Heroes.

Heroes need to charge their minds by seeking the right knowledge about healthy parenting skills.

Heroes need each other.

You need each other's love and support to be able to complete the race of parenthood, while being strong and joyful.

Parenthood is teamwork, filled with Grace, Understanding and Devotion towards one another.

And if you are a single parent rest assured that you are a double Hero.

I pray that, in your new journey, you will experience the Joy and Rewards of being your baby's Heroes.

Play a lot, laugh more, work hard, and enjoy a new aspect of life that will always add to you.

I pray for you to be covered with showers of Joy, Good Health and Blessings for baby and Heroes.!

Warmly in Christ, Mona Y. Rizk